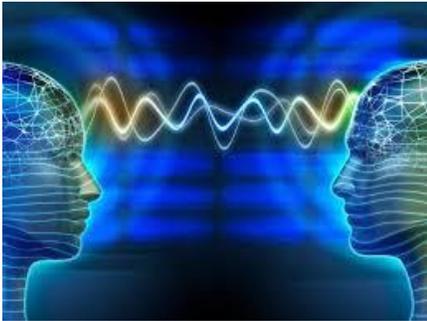


TRAINING WORKSHOP ✿ MEDIA, PA

AUGUST 4 – 6, 2017



## DIRECTING INTENSIVE: ATTACHMENT AND TRAUMA

KATE HUDGINS, PH.D., TEP

MONICA FORST, M.ED., CCC, ICADC, RP

As we learn more about the neurobiology of trauma, research on attachment is showing clearly how our brains interact. Comparing the 4 styles of attachment theory (secure, dismissive, fearful, and pre-occupied) with the 4-quadrant system of Transactional Analysis called the “okay corral”, we demonstrate how these patterns enhance or interrupt relationships. Participants learn in action to identify their preferred attachment style and how to use TSM to move toward a more secure self-attachment to feel safer in the world.

This Directing Intensive allows for personal work and the opportunity to practice TSM directing skills from the roles of trained auxiliary ego, assistant leader, and director. Those new to TSM will direct small vignettes and learn the TSM Safety Structures to bring self-regulation, attunement, connection, and spirituality to life.

Join us for this 3-day workshop that combines theory, practice, personal growth, and sociometry with like-minded people.

• **TIME:** Friday 8/4/17 & Saturday, 8/5/17, 10 am- 6 pm; Sunday, 8/6/17, 10 am – 4 pm •  
**FEE:** \$600. Early Bird \$550 by 7/4/17 • **VENUE:** Penn State, Brandywine Campus, Media, PA • **SPONSOR:** Giacomucci & Walker, LLC. • **HOURS, CEU INFORMATION & REGISTRATION:** Scott Giacomucci, giacomucciscott@yahoo.com; www.SGiacomucci.com

KATE HUDGINS, PH.D., TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder (PTSD). She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential, action-oriented approaches create immediate change and new learning for those suffering under many conditions of stress. She has used and taught TSM world-wide to help the recovery of thousands of persons suffering from various stages of breakdown, subsequent to overwhelming traumatic life events.

MONICA FORST, M.Ed., C.C.C., I.C.A.D.C., R.P. is the founder of *Choices in Action Counselling Services*, a private practice offering individual, group and couples therapy and is a fully trained Leader in the Therapeutic Spiral Model. Blending Transactional Analysis and Psychodrama, she works with childhood trauma and addictions.