



*SURVIVING SPIRITS:
HEALING TRAUMA
AND ADDICTION*

KATE HUDGINS, PH.D., TEP

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When TSM first started in the early 90s, we called our personal growth workshops “Surviving Spirits” to honor the courage and determination of the women and men who participated in order to heal from sexual abuse. TSM has traveled the world into 30 countries, and the model has evolved to facilitate the healing of both collective and individual wounds, while expanding its effectiveness with all types of trauma.

We now re-introduce this TSM workshop with an emphasis on building the spontaneity and creativity needed to face trauma without the veil of addictions, including eating disorders. At times, words are not enough, so this workshop utilizes action methods and expressive arts as an avenue for healing. Through proven TSM group work, we pay special attention to safety and confidentiality, increasing participants’ sense of resilience and community to share their loss and grieve the past. This is workshop for people currently in therapy or on a personal journey of healing and recovery, who are ready to share deep trauma work in a like-minded community using action methods and expressive arts from the Therapeutic Spiral Model.

DATES/TIMES: Friday & Saturday, 10am-6pm; Sunday, 10am-5pm. **FEE: \$495. Early discount, \$450 by 6/28/17. VENUE:** Penn State University, Media, PA. **SPONSOR:** Giacomucci & Walker, LLC. **REGISTRATION & CEU INFORMATION:** SCOTT GIACOMUCCI: giacomucciscott@yahoo.com.

KATE HUDGINS, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, following overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards. www.drkatehudson.com.

Workshop organizer & TSI Assistant Leader, SCOTT GIACOMUCCI, LSW, CTTS, CET II, is in private practice at Giacomucci & Walker, LLC. West Chester, PA. He provides trauma treatment services at Mirmont Treatment Center incorporating classical psychodrama, TSM, and other experiential therapies into work with trauma and addiction. www.SGiacomucci.com.